

Privacy Policy (United States)

Very Good Health, Inc. (“Company”) knows that you care about how your personal information is collected, used and shared, and we take your privacy seriously. By visiting the timespacehealth.com website and domain name (and the other websites we own or operate, including, without limitation, www.timespacehealth.com) and any other linked pages, features, content, or related services offered from time to time by Company in connection therewith (collectively, the “Site” as further defined in our Terms of Use (“Terms”)), using our mobile application (the “Mobile App”) or using any of our Services, you consent to this Privacy Policy and to our use and processing of Personal Information for the purposes set forth herein. Capitalized terms not defined in this Privacy Policy shall have the meanings set forth in our Terms of Use, available at timespacehealth.com.

“Company” or the terms “we” or “us” or similar terms refer to Connected Health Health, Inc. “You” or “your” or similar terms refer to you as a user of our Services.

By accepting our Privacy Policy during registration, or by visiting and/or using the Site, the Mobile App or any of our Services, you (a) expressly consent to our collection, use, disclosure and processing of your Personal Information (as defined below) in accordance with this Privacy Policy. You also expressly acknowledge that you have read and understood our HIPAA Notice, which describes how we may use and disclose health information about you for treatment, payment or health care operations and for other purposes that are permitted or required by law, including the Health Insurance Portability and Accountability Act of 1996, as amended from time to time (“HIPAA”). Our HIPAA Notice is available at timespacehealth.com. Any conflict between this Privacy Policy and the HIPAA Notice with respect to any PHI (as defined in the HIPAA Notice) shall be governed by the HIPAA Notice.

As used in this Privacy Policy, the terms “using” and “processing” information include, among other things, using cookies or embedded scripts on a computer, browser, laptop, tablet, mobile phone or other device (a “Device”), subjecting the information to statistical or other analysis, and using or handling information in any way, including without limitation collecting, storing, evaluating, modifying, deleting, using, combining, disclosing, and transferring information within our organization or among our affiliates within the United States or internationally, as well as using personal information to respond to user / applicant or sponsor (i.e., the entity or organization paying for your

participation in our Services) requests and to provide the requested products and services.

1. WHAT DOES THIS PRIVACY POLICY COVER?

Personal Information – In General.

This Privacy Policy covers how we use and disclose personally identifiable information that we gather from you starting from the time that you initially access our Site or our Mobile App or begin using our Services. Personally identifiable information refers to any information about you that can be used to contact or identify you and information on your use or potential use of the Site, our Mobile App or our Services, including, but not limited to, a first and last name, a personal profile, an email address or other contact information and all User Submissions (collectively, “Personal Information”). Your privacy is important to us, and we are committed to carefully managing your Personal Information in connection with the Services that we provide. It is important for you to understand, however, that this policy does not apply to the practices of companies and / or websites or other third party services that we do not own or control, or to individuals that we do not employ or manage.

Protected Health Information.

We are dedicated to maintaining the privacy and integrity of protected health information that we receive as part of your application for or participation in the Connected Health Program (“PHI”). PHI is Personal Information that we receive as part of your application for or participation in the Connected Health Program that relates to (a) your past, present or future physical or mental health or condition, (b) the provision of healthcare to you, or (c) your past, present or future payment for the provision of healthcare, which is created, received, transmitted or maintained by Company. This Privacy Policy describes how we protect your privacy as a visitor to or general user of our Site, our Mobile App and Services. You have additional rights under federal and state law with respect to the access to, use, and disclosure of Personal Information that constitutes PHI. For a more complete description of your rights with respect to PHI, please refer to our HIPAA Notice, which provides important information to you about how we may use and disclose your PHI. Our HIPAA Notice is available here: timespacehealth.com

2. WHAT PERSONAL INFORMATION DO WE COLLECT?

We collect Personal Information you choose to provide us (e.g., through registrations, applications, the use of the Services, the scale we supply to you, your mobile phone, any devices that you use to collect health information (e.g., blood pressure cuffs), surveys, etc.).

From time to time, we may use or augment the Personal Information we have about you with information obtained from third parties. For example, we may use such third party information to confirm contact or financial information, to verify eligibility, or to better understand your interests by associating demographic information with the information you have provided.

We collect the following types of information: Personal Information You Provide to Us.

We receive and store any information you enter on our Site and our Mobile App or provide to us through the Services. Personal Information that we collect may include things like your full name, gender, mobile phone number, credit card and/or other payment information (if applicable – i.e., self-pay participants), your email address and the email address of your contacts, home and business postal addresses, IP address, browser information, username, password, certain health information (e.g., height, weight, blood pressure, blood glucose, pre-existing medical conditions, food tracking, sleep and/or activity tracking and insurance information), User Submissions (as that term is defined in our Terms of Use), and any other information or data that you provide when using our Site, our Mobile App and/or our Services.

We will ask if you want to share with us information about your exercise, sleep, and other activities, such as information collected by your activity tracker (e.g., Fitbit or Apple Watch) or a medical device such as a blood pressure cuff or glucometer. Sharing such information with us helps us provide you with the Services, and once we receive such information, it is used as described in this Privacy Policy and our HIPAA Notice. To share such information with us, you will have to authorize a third party to collect it from you and release it to us, or you will have to authorize us to obtain it (e.g., from Apple if you use Apple's Healthkit). You can choose not to provide us with certain information, but that may result in our inability to provide you access to or use of many of our special features. Connected Health goal is to use the Personal Information you provide us for such purposes as answering questions and communicating with you about Company's products and services, including updates and new features, and providing you with an engaging and personalized experience in using the Services.

PLEASE NOTE: By using the Services, you consent to and authorize Connected Health to disclose your eligibility for and participation in the Services (i.e., you meet the clinical enrollment criteria for the Services, which may identify those individuals at risk for certain chronic diseases or living with certain chronic diseases and have elected at your own discretion to participate in the same) to the other users of the Services. The users, including but not limited to administrators, health coaches and other authorized Connected Health personnel, and your fellow support group members, will have access to a range of Personal Information such as your user name and picture, linking you to your diagnosis and/or reason for program participation. Moreover, as we group participants based on certain characteristics, fellow support group members may be co-workers or other acquaintances.

We take great efforts in protecting your privacy; however, we cannot control, and we expressly disclaim any responsibility for, whether or how users will subsequently use or disclose posted or previously disclosed information. If you do not consent to the disclosure of this information, you should not access or use the Services. The Services include the ability for users to share Personal Information, including information regarding your health and medical condition. Any information you choose to provide or upload to the group or public forum components of the Services, including Personal Information about your health and medical condition, will be visible to your group, as well as health coaches, administrators, and other users. As your information will be viewable to the other users of the Site, the Mobile App and the Services, you should provide only the information you feel comfortable disclosing. There may be an opportunity to speak on the phone or via video chat in a group conference call.

Participation in such opportunities is not mandatory, but should you choose to participate, you should share only as much information as you feel comfortable sharing in these additional forums.

Personal Information Collected Automatically.

We receive and store certain types of information whenever you interact with the Site, the Mobile App and / or use the Services. We automatically receive and record information on our server logs from your browser, including your IP address, and the page you requested. In addition, we may use personal identifiers to recognize you when you arrive at the Site via an external link, such as a link appearing on a third party site or in a Connected Health email presented to you (see also our “What About Tracking

Technologies?” section below). We will also use your information to provide customer service and support.

Generally, the Services automatically collect usage information, such as the numbers and frequency of visitors to the Site and Mobile App and its components, similar to TV ratings that indicate how many people watched a particular show. We only use this data in aggregate form (i.e., as a statistical measure), and not in a manner that would permit us to identify you personally. This type of aggregate data enables us to figure out how often users or customers use parts of the Site, Mobile App or Services so that we can make the Site, Mobile App and Services as appealing to as many users and customers as possible and improve our Services. We may provide this de-identified, aggregate data to our partners and/or customers to identify how our users use our Site, Mobile App and/or Services. Again, we never disclose this information to a partner or customer in a manner that would identify you personally.

You may set your browser to refuse or disable these data collection methods, but doing so may change your experience with the Site, the Mobile App or the Services, diminish certain aspects of the Site’s or Mobile App’s functionality or render certain features of the Site, the Mobile App or the Services inoperable. For example, the Site may not recognize or respond to “do not track” technologies employed by your browser.

Email Communications.

We often receive a confirmation when you open an email from us if your computer supports this type of program. We use this confirmation to help us make emails more interesting and helpful. When you receive email from us, you can opt out of receiving further emails by following the included instructions to unsubscribe. However, by opting out of further email communications after you enroll in the Services, you may limit program reminders and other valuable program content and components.

What About Tracking Technologies?

In addition to any Personal Information or other information that you choose to submit to us via the Site, Mobile App or Services, we and our third party service providers may use a variety of technologies that automatically (or passively) store or collect certain

information when you visit or interact with the Site, Mobile App or Services (“Usage Information”). This Usage Information may be stored or accessed using technologies that may be downloaded to your Device whenever you visit or interact with the Site,

Mobile App or Services. To the extent we associate Usage Information with your Personal Information that we collect directly from you, we will treat it as Personal Information. Examples of Usage Information include: your IP address or other unique device identifier (e.g., a number that is automatically assigned to your Device used to access the Site which our computers use to identify your Device), your Device's functionality (e.g., browser, operating system, mobile network information, etc.), the areas within the Site or Services that you visit and your activities there, your Device location, your Device characteristics and certain other data regarding your Device.

We may use various methods or technologies to store or collect your Usage Information, including your visits to or interactions with our Site, Mobile App and Services ("Tracking Technologies"). We may use these Tracking Technologies for a variety of purposes, including but not limited to uses deemed to be necessary or useful to assess the performance of our Site, Mobile App and Services (including as part of our analytic practices or otherwise to improve our Site, Mobile App and Services) or uses required to offer you enhanced functionality when accessing our Site, Mobile App and Services (including identifying you when you sign in to the Site or the Mobile App or keeping track of your specified preferences).

Tracking Technologies may include the following (and may include subsequent technologies and methods later developed which perform a similar function):

Cookies. Cookies are alphanumeric identifiers that we transfer to your computer's hard drive through your browser to enable our systems to recognize your browser and tell us how and when pages in our Site are visited and by how many people. We use cookies to enhance visitors' experiences by understanding how visitors and / or users engage with and navigate our Site. Regular cookies may generally be disabled or removed by tools that are available as part of most commercial browsers and in some but not all instances can be blocked in the future by selecting certain settings. Each browser that you use will need to be set separately, and different browsers offer different functionality and options in this regard. Also, these tools may not be effective with regard to certain types of cookies (e.g., Adobe Flash or HTML5 cookies). Please be aware that if you disable or remove cookies on your Device, some parts of our Site or Services may not function properly and when you revisit our Site or Services your ability to limit cookies is subject to your browser settings and limitations.

We may choose to serve ads on the Site or the Mobile App. These ads may be delivered to users by our advertising partners, who may set cookies. These cookies allow the ad server to recognize your Device each time they send you an online

advertisement to compile information about you or others who use your computer. This information allows ad networks to, among other things, deliver targeted advertisements that they believe will be of most interest to you. This Privacy Policy refers only to the use of cookies by Company and does not cover the use of cookies by any third parties (e.g., advertisers).

Embedded Scripts. An embedded script is programming code that is designed to collect information about your interactions with the Site, Mobile App and Services, such as the links that you click on. The code is temporarily downloaded onto your Device, is active only while you are connected to the Site or Mobile App, and is deactivated or deleted thereafter.

Web Beacons. Small graphic images or other web programming code called “web beacons” (also known as “1×1 GIFs” or “clear GIFs”) may be included in pages and messages of our Site, Mobile App and Services. Web beacons may be invisible to you, but any electronic image or other web programming code inserted into a page or email can act as a web beacon. Web beacons or similar technologies may be used for a number of purposes, including to count visitors to the Site, Mobile App and Services, to monitor how users navigate the Site, the Mobile App and Services, to count how many sent emails were actually opened or to count how many particular articles or links were actually viewed.

There may be other Tracking Technologies now and later devised and used by us in connection with the Site, Mobile App and Services. Further, third parties may use Tracking Technologies with our Website. We do not control those Tracking Technologies, and we are not responsible for them. However, you consent to potentially encountering third party Tracking Technologies in connection with your use of the Site, Mobile App and Services and accept that this Privacy Policy does not apply to the Tracking Technologies or practices of such third parties. In such cases, you must check the third party websites to confirm how your information is collected and used.

3. WHO OWNS THE PERSONAL INFORMATION YOU DISCLOSE TO COMPANY?

As between Company and you, when you use the Services or otherwise disclose or authorize others to disclose User Submissions (including any personally identifiable information and PHI) to Company, you thereby grant to Company the license described in the Terms of Use. You remain the owner of your User Submissions; however, the

license you grant to Company gives Company the right to use such information as described in our Terms of Use, Privacy Policy and HIPAA Notice, and your ownership rights cannot interfere with the license you grant to Company.

4. WHAT PERSONAL INFORMATION DO WE SHARE?

Personal Information regarding our users is an integral part of our business. We will not rent, sell or share your Personal Information with other people or non-affiliated companies except to provide the Services, when we otherwise have your permission, as expressly permitted or required by the HIPAA Notice or as expressly permitted or required under this Privacy Policy, including under the following circumstances:

Forums: We may make available your Personal Information through the Site, the Mobile App and/or the Services (for example, discussion boards, chat rooms, profile pages, bulletin boards, blogs, instant messaging, activities, polls, games and other communication forums) (each, a “Forum”) to which you post information and materials. Some of these Forums are described more specifically below. Please note that any information, text, and images posted or disclosed by the user on or through such Forums may be visible to the user’s group(s), as well as our health coaches and other authorized personnel, administrators, visitors to the Site or the Mobile App, and other users of the Site or the Mobile App. Specifically, Personal Information such as the picture you’ve uploaded and your screen name may be available for other users to view when you make a posting to such Forums. Information regarding your activities in such Services may also be available for view by other users. For example, other users may be able to view a list of all postings you have made in all available Forums. Any postings you have made to a Forum may also be available for view later by users of the Site or the Mobile App by scrolling to older posts on the Forum. We urge you to exercise discretion and caution when deciding to disclose your Personal Information, such as your health information, or any other information, through a Forum or otherwise through the Site.

Discussion Boards and Chat Rooms: We may provide functionality to post on our discussion boards, and permit you to enter into chat rooms and communicate with other users in the chat rooms. Please note that if you use such functionalities to communicate, your name / screen name will be disclosed to all visitors to the discussion boards, present and future, as well as all users in the chat room at that time. Please remember that information posted to discussion boards becomes public information.

Use caution when posting. Further, if a comment you make on the discussion board or in the chat room contains Personal Information, we cannot control how the Personal Information will be used or disclosed by the other users of the discussion board or chat room. We urge you to exercise discretion and caution when deciding to disclose your Personal Information, or any other information, in any comment and/or message, and to be careful about the people to whom you send such comments and/or messages.

Messaging Services: We may provide functionality to permit you to send messages, including instant messages, to other users through the Site. Please note that if you use such functionality to send such a message to another user, your screen name will be disclosed to that user, as well as administrators. Further, if a message you send using such functionality contains Personal Information, we cannot control how the Personal Information will be used or disclosed by the recipient of your message. We urge you to exercise discretion and caution when deciding to disclose your Personal Information, or any other information, in any message, and to be careful about the people to whom you send such messages.

IN THE CASE OF YOUR USE OF FORUMS, DISCUSSION BOARDS, CHAT ROOMS AND MESSAGING SERVICES, AS DESCRIBED ABOVE, WE ARE NOT RESPONSIBLE FOR THE USE BY OTHERS OF ANY INFORMATION, INCLUDING PERSONAL INFORMATION, THAT IS DISCLOSED BY YOU OR ON YOUR BEHALF BY YOUR SYSTEM IN SUCH FORUMS, DISCUSSION BOARDS, CHAT ROOMS AND MESSAGING SERVICES. BY DISCLOSING ANY OF YOUR INFORMATION VIA FORUMS, DISCUSSION BOARDS, CHAT ROOMS AND MESSAGING SERVICES, YOU ACKNOWLEDGE AND ACCEPT ANY RISK AND DAMAGE ARISING FROM DISCLOSURE OF SUCH INFORMATION.

User Profiles: We may provide functionality to permit you to create a user profile page in which you may provide information about yourself, including, without limitation, your health information, symptoms, treatments, as well as your feelings about your health information and/or yourself ("User Submissions," as defined in our Terms). You may also be able to upload pictures, videos and stories to your profile page as part of the User Submissions. User Submissions may be displayed to other users (including members of your group(s), who may be from the same deployment or otherwise affiliated) to facilitate user interaction within the Services. Email addresses are used to add new User Submissions to user profiles and to communicate through User Submissions. Users' email addresses will not be directly revealed to other users by us, except when the user is "connected" to another user via a shared group membership, or an invitation, or if the user has chosen to include their email address in their User

Profile. Please note that any User Submissions you make, including Personal Information, on or through your profile page may be available for other users, Company, administration, moderators, and other staff. Additionally, other users may be able to post comments and view posted comments on your profile page.

Communication in Response to User Submissions: As part of the Site and Services, you will receive from us email and other communications relating to your User Submissions. You acknowledge and agree that by posting such User Submissions, we may send you email and other communications (e.g., phone calls or text messages) that we determine, in our sole discretion, are related to your User Submissions.

Affiliated Businesses We Do Not Control: In order to provide you with the optimal user experience, we anticipate that we may become affiliated and work closely with a variety of third party businesses. In certain situations, these businesses may sell products or services to you through the Site. In other situations, we may provide services or sell products jointly with affiliated businesses. You should be able to recognize when an affiliated business is associated with your transactions. And, throughout the course of the transactions, we will share your Personal Information that is related to such transactions with that affiliated business.

Agents: We employ other companies and people to perform tasks on our behalf and need to share your information with them to provide products and/or services to you. Without specific authorization and/or consent, we limit the rights of our agents to use Personal Information we share with them to that which is minimally necessary to assist us. You hereby consent to our sharing of Personal Information for the above purposes.

Referrals: From time to time, we may ask or invite you to refer our Services to family members, colleagues or friends. In these cases, it is your responsibility to ensure that these persons are indeed family members (marriage, common-law partnership or parent-child relationship) or people with whom you have a personal relationship (frequency of communication, sharing of interests, opinions, etc.). In short, we ask you to limit your invitations to people in your inner circle that may have an interest in our Services. We will send them an email saying that you have suggested that they may be interested to try our Services. We will not contact them again if they do not reply or if they request that we do not contact them again.

Promotional Offers: We will never disclose your Personal Information to other businesses for their marketing purposes, but we may send you offers that promote the products of other businesses. These offers will be intended to benefit you, your health,

or your Connected Health experience. If you do not wish to receive these offers, you can click the “unsubscribe” link contained within the emails or you can send an email with your request to verygoodhealth03@gmail.com. We will process your request within a reasonable time, but you may receive additional offers as we process your request.

Business Transfers: Company reserves the right to disclose and transfer all Personal Information: (i) to an operator of the Site or Mobile App or applicable database provided such entity agrees to be bound by the terms and conditions of this Privacy Policy to the extent applicable; or (ii) to a successor in interest of Company in connection with a merger, consolidation, restructuring, change of control, the sale of substantially all of Company’s interests and/or assets or other organizational change, including, during the course of any due diligence process, provided such successor entity agrees to be bound by the terms and conditions of this Privacy Policy.

Sponsors and Third Party Administrators; As Required by Law: We may, in our sole discretion, share, transfer or otherwise disclose certain of your Personal Information (e.g., reports containing data related to enrollment, engagement, retention, and outcomes) to your sponsor (i.e., your employer or health plan) or your sponsor’s third party administrators (e.g., incentives vendors, wellness administrators, etc.) for treatment, payment, or healthcare operations purposes and for other purposes permitted or required by law, as more fully described in our HIPAA Notice.

Protection of Company and Others: We may release your Personal Information when we believe in good faith that such release is necessary to comply with applicable law; enforce or apply our conditions of use and other agreements; or protect the rights, property, or safety of Company, our employees, our users, or others. This includes exchanging information with other companies and organizations for fraud protection, detection or suppression, and credit risk reduction. If necessary, we will make all legally required disclosures of any breach of the security, confidentiality, or integrity of your Personal Information, including, without limitation, breaches of your unencrypted, electronically stored “personal information” or “medical information” (as defined by applicable laws on security breach notification). To the extent permitted by applicable laws, we will make such disclosures to you via email or conspicuous posting on your private profile on the Site or the Mobile App in the most expedient time possible and without unreasonable delay, insofar as consistent with (a) the legitimate needs of law enforcement, or (b) any measures necessary to determine the scope of the breach and restore the reasonable integrity of the data system.

With Your Consent: Except as set forth above, you will be notified when your Personal Information may be shared with third parties, and will be able to control the sharing of this information.

De-identified Data: We may create de-identified data from the User Submissions that you share with us, including any Personal Information, and use such de-identified data without restriction. When an applicable law requires that we use a particular method of de-identification, we will comply with that law. Otherwise, we may use a de-identification method that is appropriate under the circumstances and would not reasonably identify you. We may use de-identified data in any way that is allowed by law. Some ways in which we might use de-identified data include to understand, evaluate, or modify the Services; to use for our own business purposes; or to generate statistical information about the Services that we share with our customers and other third parties who are evaluating, analyzing, accrediting or researching programs.

5. IS MY PERSONAL INFORMATION SECURE?

We employ industry standard administrative, physical and technical measures designed to safeguard and protect information under our control from unauthorized access, use and disclosure. In addition, when we collect, maintain, access, use or disclose your Personal Information, we will do so using systems and processes consistent with information privacy and security requirements under applicable federal and state laws, including, without limitation, HIPAA.

Furthermore, your individual user account is protected by a password for your privacy and security. To ensure that there is no unauthorized access to your account and Personal Information, we suggest that you safeguard your password appropriately and limit access to your computer and browser by signing off after you have finished accessing your account.

The Site and the Mobile App contain links to third party websites (“Third Party Websites”). Before using any Third Party Websites or related services, you must review and accept the terms of use and privacy policies for those sites and/or services. We are not responsible for the privacy policies and/or practices of any Third Party Websites, and we are not responsible or liable for the availability, reliability, content, functions, performance, accuracy, legality, appropriateness, services, materials, or any other aspect of such Third Party Websites. This Privacy Policy only governs information collected on our Site, our Mobile App or through our Services. When you access any Third Party Websites, you do so at your own risk, and you understand and agree that

you are solely responsible for reading and understanding any terms of use and/or privacy policies that apply to such Third Party Websites.

We exercise great care to protect your Personal Information. However, we cannot ensure or warrant the security and confidentiality of any tools, software, or equipment that you use to transmit information to us. For example, we cannot ensure that your email or mobile phone is secure. In addition, although we take great care to protect your Personal Information, we cannot guarantee that criminals and others acting unlawfully will not succeed in efforts to undermine the security we do employ to protect your information. Unauthorized entry, access, or use; loss; hardware or software failure; and

other factors, may compromise the security of your information at any time. This is especially true for any information that you transmit to us via email or text message since we have no way of protecting that information until it reaches us. Email and text messages and the communication lines they travel over do not have the security features that are built into our Site and Mobile App and may not be secure. In addition, by downloading the Mobile App from a digital distribution platform such as the Apple App Store or Google Play (a “Mobile App Provider”), the Mobile App Provider and its agents may be able to identify you as a user of our Services. If you have reason to believe that your data or your interactions with us are no longer secure, you may contact us at the email address, mailing address or telephone number listed at the end of this Privacy Policy. In addition, if you have privacy or data security related questions, please feel free to contact the office identified at the end of this Privacy Policy.

6. WHAT PERSONAL INFORMATION CAN I ACCESS AND CORRECT?

You can access certain information about you for the purpose of viewing, and in certain situations, updating that information. This list may change as the Site and Services change.

- Nickname
- Account and user profile information (e.g., nickname and picture)
- Username and password
- Communication preferences (e.g., email and push notifications)
- Weight data
- Activity tracking data

- Food tracking data

In order to help us maintain and ensure that your information is accurate and up to date, please update your information if it changes or inform us promptly at verygoodhealth03@gmail.com so that we make the appropriate changes. When you update information, however, we often maintain a copy of the unrevised information in our records.

7. WHAT CHOICES DO I HAVE REGARDING MY PERSONAL INFORMATION?

You can always choose not to disclose information to us, even though it may be needed to take advantage of certain features of the Site, the Mobile App and the Services.

We are required to maintain the Personal Information, including any PHI, that you give us as a business record. As a result, we cannot eliminate your Personal Information or User Submissions from our records. However, even if you stop using the Services for any reason, we will protect your Personal Information and User Submissions in accordance with our Terms, this Privacy Policy and our HIPAA Notice as if you were still using the Services. You can unsubscribe from communications from us, but this will negatively impact our ability to supply the Services if you do so while you are still using the Services. If you do want to unsubscribe from communications, we will process your request within a reasonable time, but please note that you may receive additional communications and offers as we process your request.

If you do not wish to receive email or other mail, phone calls or text messages from us, please click on the “Unsubscribe” link contained in the emails or indicate this preference by emailing us at verygoodhealth03@gmail.com. Please note that if you do not want to receive legal notices from us, such as this Privacy Policy, those legal notices will still govern your use of the Site, Mobile App and Services, and you are responsible for reviewing such legal notices for changes. We will process your request within a reasonable time, but please note that you may receive additional emails as we process your request.

8. HOW DO WE PROTECT CHILDREN’S PERSONAL INFORMATION?

The Services are not directed to children. We do not knowingly allow or solicit anyone under the age of 18 to participate independently in any of the Services. We do not knowingly collect Personal Information from children. If a parent or guardian becomes aware that his or her child has provided us with Personal Information, please contact us. If we become aware that a user of the Services is under the age of 18 and has provided us with Personal Information without verifiable parental consent, we will delete such Personal Information from our files.

9. CHANGES TO THIS PRIVACY POLICY

By using the Site, Mobile App and Services, you agree to the current Privacy Policy, as well as our Terms, into which this Privacy Policy is incorporated. We reserve the right, in our sole discretion, to modify this Privacy Policy at any time. Use of information we collect is subject to the Privacy Policy in effect at the time such information is used or disclosed. If we make any significant changes to this Privacy Policy, we will notify you by posting an announcement on our Site and/or sending you an email. By continuing to access or use the Services after we have posted a modification or have provided you with notice of a modification, you you agree to be bound by the modified Privacy Policy. If the modified Privacy Policy is not acceptable to you, your only recourse is to cease accessing the Site or Mobile App and using the Services.

10. QUESTIONS OR CONCERNS

If you have any questions, concerns or complaints regarding privacy on our Site or Mobile App or if you want to make a request to access or correct your Personal Information, please contact our Privacy Officer at:

By email: verygoodhealth03@gmail.com

Effective Date: November 1, 2019

Política de privacidad (Estados Unidos)

Connected Health, Inc. («Compañía») sabe que le importa cómo se recopila, usa y comparte su información personal, y nos tomamos muy en serio su privacidad. Al visitar

el sitio web timespacehealth.com y el nombre de dominio (y los otros sitios web que poseemos u operamos, incluidos, entre otros, www.timespacehealth.com) y cualquier otra página vinculada, características, contenido o servicios ofrecidos relacionados, ocasionalmente, por la Compañía en relación con ello [colectivamente, el «Sitio» como se define en nuestros Términos de Uso («Términos»)], utilizando nuestra aplicación móvil (la «Aplicación móvil») o utilizando cualquiera de nuestros Servicios, usted acepta esta Política de privacidad y nuestro uso y procesamiento de Información personal para los fines establecidos en este documento. Los términos en mayúscula inicial no definidos en esta Política de Privacidad tendrán los significados establecidos en nuestros Términos de Uso, disponibles en timespacehealth.com

«Compañía» o los términos «nosotros» o «nos» o términos similares se refieren a Connected Health, Inc. «Usted» o «su» o términos similares se refieren a usted como usuario de nuestros Servicios.

Al aceptar nuestra Política de Privacidad durante el registro, o al visitar o utilizar el Sitio, la Aplicación Móvil o cualquiera de nuestros Servicios, usted (a) acepta expresamente nuestra recopilación, uso, divulgación y procesamiento de su Información Personal (como se define a continuación) de conformidad con esta Política de privacidad. También reconoce expresamente que ha leído y entendido nuestro Aviso de HIPAA, que describe cómo podemos usar y divulgar su información de salud para tratamiento, pago u operaciones de atención médica y para otros fines permitidos o exigidos por la ley, incluida la Ley de Portabilidad y Responsabilidad del Seguro Médico de 1996 («HIPAA»), en su versión ocasionalmente modificada. Nuestro Aviso de HIPAA está disponible en timespacehealth.com. Cualquier conflicto entre esta Política de Privacidad y el Aviso de HIPAA con respecto a cualquier PHI (tal como se define en el Aviso de HIPAA) se regirá por el Aviso de HIPAA.

Tal como se utiliza en esta Política de Privacidad, los términos «usar» y «procesar» información incluyen, entre otras cosas, el uso de cookies o scripts incrustados en una computadora, navegador, computadora portátil, tableta, teléfono móvil u otro dispositivo (un «Dispositivo»), el sometimiento de la información a análisis estadísticos o de otro tipo, y el uso o la manipulación de la información, de cualquier manera, incluido, entre otros, recopilar, almacenar, evaluar, modificar, borrar, usar, combinar, divulgar y transferir información dentro de nuestra organización o entre nuestras filiales dentro de los Estados Unidos o internacionalmente, así como el uso de información personal para responder las solicitudes del usuario/solicitante o patrocinador (es decir, la entidad u

organización que paga por su participación en nuestros Servicios) y para proporcionar los productos y servicios solicitados.

1. ¿QUÉ CUBRE ESTA POLÍTICA DE PRIVACIDAD?

Información personal: en general.

Esta Política de Privacidad cubre cómo usamos y divulgamos la información de identificación personal que recopilamos de usted desde el momento en que accede por primera vez a nuestro Sitio o nuestra Aplicación Móvil o comienza a utilizar nuestros Servicios. La información de identificación personal se refiere a cualquier información sobre usted que pueda usarse para contactarlo o identificarlo, así como información sobre su uso o posible uso del Sitio, nuestra Aplicación Móvil o nuestros Servicios, incluido, entre otros, un nombre y apellido, un perfil personal, una dirección de correo electrónico u otra información de contacto y todos los envíos de los usuarios (colectivamente, «Información Personal»). Su privacidad es importante para nosotros y nos comprometemos a administrar cuidadosamente su Información Personal en relación con los servicios que proporcionamos. Sin embargo, es importante que comprenda que esta política no se aplica a las prácticas de compañías o sitios web u otros servicios externos que no poseemos o controlamos, o a personas que no empleamos o administramos.

Información de salud protegida.

Nos dedicamos a mantener la privacidad y la integridad de la información de salud protegida que recibimos como parte de su solicitud o participación en el Programa Connected Health («PHI»). PHI es la Información Personal que recibimos como parte de su solicitud o participación en el programa Connected Health que se relaciona con (a) su salud o condición física o mental pasada, presente o futura, (b) el suministro de servicios de atención médica a usted, o (c) su pago pasado, presente o futuro para el suministro de servicios de atención médica, que la Compañía crea, recibe, transmite o mantiene. Esta Política de Privacidad describe cómo protegemos su privacidad como visitante o usuario general de nuestro Sitio, nuestra Aplicación Móvil y Servicios. Usted tiene derechos adicionales en virtud la ley federal y estatal con respecto al acceso, uso y divulgación de información personal que constituye su PHI. Para obtener una descripción más completa de sus derechos con respecto a la PHI, consulte nuestra Notificación de HIPAA, que le brinda información importante sobre cómo podemos usar y divulgar su PHI. Nuestro Aviso de HIPAA está disponible aquí: timespacehealth.com

2. ¿QUÉ INFORMACIÓN PERSONAL RECOPIAMOS?

Recopilamos información personal que usted elija proporcionarnos (por ejemplo, a través de registros, aplicaciones, uso de los servicios, la escala que le proporcionamos, su teléfono móvil, cualquier dispositivo que use para recopilar información de salud (por ejemplo, manguitos de presión sanguínea, encuestas, etc.). También recopilamos información personal de terceros cuando usted los autoriza a revelarnos dicha información. Por ejemplo, puede autorizar una aplicación en su teléfono inteligente para que tenga a su disposición los pasos, la ubicación, la frecuencia cardíaca u otros datos, seleccionándolos en un menú de configuración que le mostramos. También recopilamos Información Personal en relación con sus consultas. La recopilación comienza desde el momento en que accede por primera vez a nuestro Sitio o nuestra Aplicación Móvil o utiliza nuestros Servicios. La información que recopilamos de esta manera nos permite administrar su cuenta, proporcionarle los Servicios, responder sus consultas y enviarle comunicaciones sobre los Servicios y su acceso y uso de los mismos, obtener sus comentarios en nuestro Sitio, nuestra Aplicación Móvil y nuestros Servicios, analizar el comportamiento y la actividad del usuario, personalizan y mejoran nuestros Servicios, realizan actividades de investigación y se comunican con usted acerca de los servicios que ofrecemos.

Ocasionalmente, podemos usar o aumentar la Información Personal que tenemos sobre usted con información obtenida de terceros. Por ejemplo, podemos usar dicha información de terceros para confirmar contactos o información financiera, para verificar la elegibilidad o para comprender mejor sus intereses al asociar información demográfica con la información que ha proporcionado.

Recopilamos los siguientes tipos de información:

Información personal que nos proporciona.

Recibimos y almacenamos cualquier información que ingrese en nuestro Sitio y nuestra Aplicación Móvil o que nos proporcione a través de los Servicios. La información personal que recopilamos puede incluir cosas como su nombre completo, sexo, número de teléfono móvil, tarjeta de crédito u otra información de pago (si corresponde, es decir, participantes que pagan por cuenta propia), su dirección de correo electrónico y la dirección de correo electrónico de sus contactos, direcciones postales domiciliarias y comerciales, dirección IP, información del navegador, nombre de usuario, contraseña, cierta información de salud (p. ej., altura, peso, presión sanguínea, glucosa en sangre, condiciones médicas preexistentes, seguimiento de alimentos, seguimiento del sueño o

actividades e información del seguro), envíos del usuario (como se define ese término en nuestros Términos de Uso) y cualquier otra información o datos que usted proporcione al usar nuestro Sitio, nuestra Aplicación Móvil o nuestros Servicios.

Le preguntaremos si desea compartir con nosotros información sobre su ejercicio, sueño y otras actividades, como la información recopilada por su rastreador de actividad (por ejemplo, Fitbit o Apple Watch) o un dispositivo médico como un manguito de presión arterial o un glucómetro. Compartir dicha información con nosotros nos ayuda a proporcionarle los Servicios y, una vez que recibamos dicha información, se usa como se describe en esta Política de Privacidad y nuestro Aviso de HIPAA. Para compartir dicha información con nosotros, deberá autorizar a un tercero para que la recopile y nos la envíe o tendrá que autorizarnos a obtenerla (por ejemplo, en Apple si usa Applekit HealthKit). Puede optar por no proporcionarnos cierta información, pero eso puede dar como resultado nuestra incapacidad de proporcionarle acceso o uso de muchas de nuestras características especiales. El objetivo de Connected Health es utilizar la Información Personal que nos proporciona para fines tales como responder preguntas y comunicarnos con usted acerca de los productos y servicios de la Compañía, incluidas las actualizaciones y las nuevas funciones, y proporcionarle una experiencia atractiva y personalizada en el uso de los Servicios.

TENGA EN CUENTA: Al utilizar los Servicios, acepta y autoriza a Connected Health a revelar su elegibilidad y participación en los Servicios (es decir, cumple con los criterios de inscripción clínica para los Servicios, que pueden identificar a aquellas personas en riesgo de padecer ciertas enfermedades crónicas o con ciertas enfermedades crónicas y ha elegido, a su propio criterio, participar en el mismo) a los demás usuarios de los Servicios. Los usuarios, incluidos, entre otros, administradores, asesores de salud y otro personal autorizado de Connected Health, y los demás miembros del grupo de apoyo, tendrán acceso a una variedad de información personal, como su nombre de usuario y su imagen, vinculándolo a su diagnóstico o motivo de la participación en el programa. Además, a medida que agrupamos a los participantes en función de ciertas características, los miembros del grupo de apoyo pueden ser compañeros de trabajo u otros conocidos.

Hacemos un gran esfuerzo para proteger su privacidad; sin embargo, no podemos controlar y, renunciamos expresamente a toda responsabilidad con respecto a si y cómo los usuarios utilizarán o divulgarán, posteriormente, la información publicada o revelada previamente. Si no acepta la divulgación de esta información, no debe acceder a ni usar los Servicios. Los Servicios incluyen la posibilidad de que los usuarios compartan Información Personal, incluida información sobre su salud y

condición médica. Cualquier información que elija proporcionar o subir a los componentes del grupo o del foro público de los Servicios, incluida la Información Personal sobre su salud y condición médica, será visible para su grupo, así como para los asesores de salud, administradores y otros usuarios. Como su información será visible para los demás usuarios del Sitio, la Aplicación Móvil y los Servicios, debe proporcionar solo la información que se sienta cómodo divulgando. Puede haber una oportunidad de hablar por teléfono o por video chat en una llamada de conferencia grupal. La participación en tales oportunidades no es obligatoria, pero si decide participar, debe compartir solo la información que se sienta cómodo compartiendo en estos foros adicionales.

Información personal recopilada automáticamente.

Recibimos y almacenamos ciertos tipos de información cada vez que interactúa con el Sitio, la Aplicación Móvil o utiliza los Servicios. Recibimos y registramos automáticamente la información en los registros de nuestro servidor desde su navegador, incluida su dirección IP y la página que solicitó. Además, podemos usar identificadores personales para reconocerlo cuando llegue al Sitio a través de un enlace externo, como un enlace que aparece en un sitio de un tercero o en un correo electrónico generado por Connected Health que le presentamos (consulte también la sección «¿Qué pasa con las tecnologías de seguimiento?» detallada a continuación). También usaremos su información para brindarle servicio y asistencia al cliente.

En general, los Servicios recopilan automáticamente la información de uso, como los números y la frecuencia de los visitantes del Sitio y la Aplicación Móvil y sus componentes, de manera similar a las clasificaciones de TV, que indican cuántas personas vieron un programa en particular. Solo utilizamos esta información en forma agregada (es decir, como una medida estadística), y no de una manera que nos permita identificarlo personalmente. Este tipo de datos agregados nos permite determinar con qué frecuencia los usuarios o clientes usan partes del Sitio, la Aplicación Móvil o los Servicios para que el Sitio, la Aplicación Móvil y los Servicios sean tan atractivos para la mayor cantidad posible de usuarios y clientes, y mejoren nuestro Servicios. Podemos proporcionar estos datos agregados y no identificados a nuestros socios o clientes para identificar cómo nuestros usuarios usan nuestro Sitio, Aplicación Móvil o Servicios. Nuevamente, nunca revelamos esta información a un socio o cliente de una manera que pueda identificarlo personalmente.

Puede configurar su navegador para que rechace o deshabilite estos métodos de recopilación de datos, pero al hacerlo puede cambiar su experiencia con el Sitio, la

Aplicación Móvil o los Servicios, disminuir ciertos aspectos de la funcionalidad del Sitio o de la Aplicación Móvil o inutilizar ciertas características del Sitio, la Aplicación Móvil o los Servicios. Por ejemplo, el Sitio puede no reconocer o responder a las tecnologías «no rastrear» empleadas por su navegador.

Comunicaciones por correo electrónico.

A menudo, recibimos una confirmación cuando abre un correo electrónico nuestro si su computadora admite este tipo de programa. Usamos esta confirmación como ayuda para hacer que los correos electrónicos sean más interesantes y útiles. Cuando reciba un correo electrónico nuestro, puede optar por no recibir más correos electrónicos siguiendo las instrucciones incluidas para darse de baja. Sin embargo, al optar por no recibir más comunicaciones por correo electrónico después de inscribirse en los Servicios, puede limitar los recordatorios del programa y otros contenidos y componentes valiosos del programa.

¿Qué pasa con las tecnologías de seguimiento?

Además de cualquier información personal u otra información que elija enviarnos a través del Sitio, la Aplicación Móvil o los Servicios, nosotros y nuestros proveedores de servicios externos pueden usar una variedad de tecnologías que, automática o pasivamente, almacenan o recopilan cierta información cuando visita o interactúa con el Sitio, la Aplicación Móvil o los Servicios («Información de Uso»). Se puede almacenar o acceder a esta Información de uso por medio de tecnologías que pueden descargarse a su dispositivo cada vez que visita o interactúa con el Sitio, la Aplicación Móvil o los Servicios. En la medida en que asociemos la Información de uso con su Información Personal que recopilamos directamente de usted, la trataremos como Información Personal. Ejemplos de información de uso incluyen: su dirección IP u otro identificador único del dispositivo (por ejemplo, un número que se asigna automáticamente a su dispositivo utilizado para acceder al sitio que nuestras computadoras utilizan para identificar su dispositivo), la funcionalidad de su dispositivo (por ejemplo, navegador, sistema operativo, información de red móvil, etc.), las áreas dentro del Sitio o Servicios que visita y sus actividades allí, la ubicación de su dispositivo, las características de su dispositivo y otros datos con respecto a su dispositivo.

Es posible que utilicemos varios métodos o tecnologías para almacenar o recopilar su Información de uso, incluidas sus visitas o interacciones con nuestro Sitio, Aplicación Móvil y Servicios («Tecnologías de seguimiento»). Podemos utilizar estas Tecnologías

de seguimiento para diversos fines, incluidos, entre otros, los usos que se consideren necesarios o útiles para evaluar el rendimiento de nuestro Sitio, Aplicación Móvil y Servicios (incluidos como parte de nuestras prácticas analíticas o para mejorar nuestro Sitio, Aplicación Móvil y Servicios) o los usos necesarios para ofrecerle una funcionalidad mejorada al acceder a nuestro Sitio, Aplicación Móvil y Servicios (lo que incluye identificarlo cuando inicia sesión en el Sitio o la Aplicación Móvil o mantener un registro de sus preferencias especificadas).

Las tecnologías de seguimiento pueden incluir lo siguiente (y pueden incluir tecnologías posteriores y métodos desarrollados posteriormente que desempeñan una función similar):

Cookies. Las cookies son identificadores alfanuméricos que transferimos al disco duro de su computadora a través de su navegador para permitir que nuestros sistemas reconozcan su navegador y nos digan cómo y cuándo se visitan las páginas de nuestro Sitio y por cuántas personas. Usamos cookies para mejorar las experiencias de los visitantes al comprender cómo los visitantes o usuarios interactúan con nuestro Sitio y navegan en él. Las cookies normales, generalmente, pueden desactivarse o eliminarse por medio de herramientas que están disponibles como parte de la mayoría de los navegadores comerciales y, en algunas instancias, aunque no en todas, pueden bloquearse seleccionando ciertas configuraciones. Cada navegador que utilice tendrá que establecerse por separado, y diferentes navegadores ofrecen diferentes funcionalidades y opciones en este sentido. Además, estas herramientas pueden no ser efectivas con respecto a ciertos tipos de cookies (por ejemplo, Adobe Flash o cookies HTML5). Tenga en cuenta que si deshabilita o elimina las cookies en su dispositivo, es posible que algunas partes de nuestro Sitio o Servicios no funcionen correctamente y cuando vuelva a visitar nuestro Sitio o Servicios su capacidad para limitar las cookies esté sujeta a la configuración y limitaciones de su navegador.

Podemos optar por publicar anuncios en el Sitio o en la Aplicación Móvil. Estos anuncios pueden entregarse a los usuarios por medio de nuestros socios publicitarios, quienes pueden establecer cookies. Estas cookies permiten que el servidor de anuncios reconozca su dispositivo cada vez que le envían un anuncio en línea para compilar información sobre usted u otras personas que usan su computadora. Esta información permite que las redes publicitarias, entre otras cosas, entreguen publicidades dirigidas que creen que serán de su mayor interés. Esta Política de Privacidad se refiere únicamente al uso de cookies por parte de la Compañía y no cubre el uso de cookies por parte de terceros (por ejemplo, anunciantes).

Scripts incrustados. Un script incrustado es un código de programación diseñado para recopilar información sobre sus interacciones con el Sitio, la Aplicación Móvil y los Servicios, como los enlaces en los que hace clic. El código se descarga temporalmente en su dispositivo, está activo solo mientras está conectado al Sitio o la Aplicación Móvil, y se desactiva o elimina a partir de entonces.

Web Beacons. Pequeñas imágenes gráficas u otro código de programación web llamados «web beacons» (también conocido como «1×1 GIFs» o «clear GIFs») pueden incluirse en páginas y mensajes de nuestro Sitio, Aplicación Móvil y Servicios. Los web beacons pueden ser invisibles para usted, pero cualquier imagen electrónica u otro código de programación web insertado en una página o correo electrónico puede actuar como un web beacon. Los web beacons o tecnologías similares pueden utilizarse para diversos fines, incluido el recuento de visitantes del Sitio, la Aplicación Móvil y los Servicios, para supervisar cómo los usuarios navegan por el Sitio, la Aplicación Móvil y los Servicios, para contar cuántos correos electrónicos enviados realmente se abrieron o para contar cuántos artículos o enlaces en particular realmente se vieron.

Puede haber otras tecnologías de seguimiento, ahora o posteriormente, diseñadas y utilizadas por nosotros en relación con el Sitio, la Aplicación Móvil y los Servicios. Además, los terceros pueden usar tecnologías de seguimiento con nuestro sitio web. No controlamos esas Tecnologías de seguimiento, y no somos responsables de ellas. Sin embargo, acepta someterse potencialmente a tecnologías de seguimiento de terceros en relación con su uso del Sitio, la Aplicación Móvil y los Servicios, y acepta que esta Política de Privacidad no se aplica a las tecnologías de seguimiento ni a las prácticas de dichos terceros. En tales casos, debe verificar los sitios web de terceros para confirmar cómo se recopila y usa su información.

3. ¿QUIÉN POSEE LA INFORMACIÓN PERSONAL QUE USTED DIVULGA A LA COMPAÑÍA?

Al igual que entre la Compañía y usted, cuando utiliza los Servicios o divulga o autoriza a otros a divulgar los envíos del usuario (incluida cualquier información de identificación personal y su PHI) a la Compañía, usted le otorga a la Compañía la licencia descrita en los Términos de uso. Usted es el propietario de sus envíos de usuario; sin embargo, la licencia que otorga a la Compañía le da a la Compañía el derecho de usar dicha información según se describe en nuestros Términos de uso, Política de Privacidad y

Aviso de HIPAA, y sus derechos de propiedad no pueden interferir con la licencia que otorga a la Compañía.

4. ¿QUÉ INFORMACIÓN PERSONAL COMPARTIMOS?

La Información Personal con respecto a nuestros usuarios es una parte integral de nuestro negocio. No alquilaremos, venderemos ni compartiremos su Información Personal con otras personas o compañías no afiliadas, excepto para proporcionar los Servicios, cuando tengamos su permiso, según lo expresamente permitido o requerido por el Aviso de HIPAA o según lo expresamente permitido o requerido en virtud de esta Política de Privacidad, incluso en las siguientes circunstancias:

Foros: podemos poner a su disposición su Información Personal a través del Sitio, la Aplicación Móvil o los Servicios (por ejemplo, grupos de discusión, salas de chat, páginas de perfil, carteleras de anuncios, blogs, mensajería instantánea, actividades, encuestas, juegos y otras comunicaciones en foros) (cada uno, un «Foro») en el que publica información y materiales. Algunos de estos Foros se describen más específicamente a continuación. Tenga en cuenta que cualquier información, texto e imágenes publicadas o divulgadas por el usuario en o a través de dichos foros pueden ser visibles para el grupo de usuarios, así como para nuestros asesores de salud y otro personal autorizado, administradores, visitantes del Sitio o la Aplicación Móvil y otros usuarios del Sitio o la Aplicación Móvil. Específicamente, la Información Personal, como la imagen que ha subido y su nombre de pantalla, pueden estar disponibles para que otros usuarios puedan verla cuando realice una publicación en dichos foros. La información sobre sus actividades en dichos Servicios también puede estar disponible para que la vean otros usuarios. Por ejemplo, otros usuarios pueden ver una lista de todas las publicaciones que ha realizado en todos los foros disponibles. Cualquier publicación que haya realizado en un foro también puede estar disponible para que la vean luego los usuarios del Sitio o la Aplicación Móvil al desplazarse a las publicaciones más antiguas en el foro. Le instamos a ejercer discreción y precaución cuando decida divulgar su Información Personal, como su información de salud o cualquier otra información a través de un Foro o, de otro modo, a través del Sitio.

Grupos de discusión y salas de chat: podemos proporcionar funciones para publicar en nuestros grupos de discusión y permitirle ingresar a salas de chat y comunicarse con otros usuarios en las salas de chat. Tenga en cuenta que si utiliza tales funcionalidades para comunicarse, su nombre/nombre de usuario se divulgará a todos los visitantes de los grupos de discusión, presentes y futuros, así como a todos los usuarios en la sala de chat en ese momento. Recuerde que la información publicada en los grupos de

discusión se convierte en información pública. Tenga cuidado al publicar. Además, si un comentario que hace en el grupo de discusión o en la sala de chat contiene Información Personal, no podemos controlar cómo la Información Personal será utilizada o divulgada por los otros usuarios del grupo de discusión o la sala de chat. Le instamos a que ejerza discreción y precaución cuando decida divulgar su Información Personal, o cualquier otra información, en cualquier comentario o mensaje, y que tenga cuidado con las personas a quienes envía dichos comentarios o mensajes.

Servicios de mensajería: podemos proporcionar funciones que le permitan enviar mensajes, incluidos mensajes instantáneos, a otros usuarios a través del Sitio. Tenga en cuenta que si utiliza dicha funcionalidad para enviar dicho mensaje a otro usuario, su nombre de usuario será revelado a ese usuario, así como a los administradores. Además, si un mensaje que envía mediante dicha funcionalidad contiene Información Personal, no podemos controlar cómo el destinatario de su mensaje utilizará o divulgará la Información Personal. Le instamos a ejercer discreción y precaución cuando decida divulgar su Información personal, o cualquier otra información, en cualquier mensaje, y a que tenga cuidado con las personas a las que envía dichos mensajes.

EN EL CASO DE SU USO DE FOROS, GRUPOS DE DISCUSIÓN, SALAS DE CHAT Y SERVICIOS DE MENSAJERÍA, COMO SE DESCRIBE ANTERIORMENTE, NO SOMOS RESPONSABLES DEL USO POR TERCEROS DE CUALQUIER INFORMACIÓN, INCLUIDA LA INFORMACIÓN PERSONAL, DIVULGADA POR USTED O EN SU NOMBRE POR SU SISTEMA EN DICHOS FOROS, GRUPOS DE DISCUSIÓN, SALAS DE CHAT Y SERVICIOS DE MENSAJERÍA. AL DIVULGAR CUALQUIERA DE SU INFORMACIÓN A TRAVÉS DE FOROS, GRUPOS DE DISCUSIÓN, SALAS DE CHAT Y SERVICIOS DE MENSAJERÍA, USTED RECONOCE Y ACEPTA CUALQUIER RIESGO Y DAÑO QUE SURJA DE LA DIVULGACIÓN DE DICHA INFORMACIÓN.

Perfiles de usuario: podemos proporcionar funciones que le permitan crear una página de perfil de usuario en la que puede proporcionar información sobre usted, que incluye, entre otros, información sobre su salud, síntomas, tratamientos, así como sus sentimientos sobre su información médica o de usted mismo («Envíos del usuario», según se define en nuestros Términos). También puede subir imágenes, videos e historias a su página de perfil como parte de los envíos del usuario. Los envíos de usuarios pueden mostrarse a otros usuarios (incluidos los miembros de su(s) grupo(s), que pueden pertenecer a la misma implementación o estar afiliados de otro modo) para facilitar la interacción del usuario dentro de los Servicios. Las direcciones de correo

electrónico se utilizan para agregar nuevos envíos de usuario a los perfiles de usuario y para comunicarse a través de los envíos de usuarios. Las direcciones de correo electrónico de los usuarios no serán reveladas directamente a otros usuarios, excepto cuando el usuario esté «conectado» con otro usuario mediante una membresía grupal compartida, o una invitación, o si el usuario ha elegido incluir su dirección de correo electrónico en perfil de usuario. Tenga en cuenta que cualquier envío de usuario que haga, incluida la Información Personal, en o a través de su página de perfil puede estar disponible para otros usuarios, la Compañía, la administración, los moderadores y otro personal. Además, otros usuarios pueden publicar comentarios y ver comentarios publicados en su página de perfil.

Comunicación en respuesta a los envíos de usuarios: como parte del Sitio y los Servicios, recibirá de nosotros un correo electrónico y otras comunicaciones relacionadas con sus envíos de usuarios. Usted reconoce y acepta que, al publicar dichos envíos de usuarios, podemos enviarle correos electrónicos y otras comunicaciones (por ejemplo, llamadas telefónicas o mensajes de texto) que determinamos, a nuestro exclusivo criterio, que están relacionadas con sus envíos de usuario.

Empresas afiliadas que no controlamos: para proporcionarle una experiencia de usuario óptima, anticipamos que podremos afiliarnos y trabajar estrechamente con una variedad de empresas de terceros. En ciertas situaciones, estas empresas pueden venderle productos o servicios a través del Sitio. En otras situaciones, podemos proporcionar servicios o vender productos conjuntamente con empresas afiliadas. Debería poder reconocer cuándo una empresa afiliada está asociada con sus transacciones. Y, durante el transcurso de las transacciones, compartiremos su Información Personal relacionada con dichas transacciones con esa empresa afiliada.

Agentes: contratamos a otras compañías y personas para realizar tareas en nuestro nombre y necesitamos compartir su información con ellos para proporcionarle productos o servicios. Sin una autorización o consentimiento específicos, limitamos los derechos de nuestros agentes a utilizar la Información Personal que compartimos con ellos a lo que sea mínimamente necesario para ayudarnos. Por el presente, acepta que compartamos información personal para los fines mencionados.

Referencias: ocasionalmente, podemos pedirle o invitarlo a remitir nuestros Servicios a familiares, colegas o amigos. En estos casos, es su responsabilidad asegurarse de que estas personas sean realmente miembros de la familia (matrimonio, sociedad de hecho o relación entre padres e hijos) o personas con quienes tenga una relación personal

(frecuencia de comunicación, intercambio de intereses, opiniones, etc.). En resumen, le pedimos que limite sus invitaciones a las personas de su círculo más cercano que puedan estar interesadas en nuestros Servicios. Les enviaremos un correo electrónico diciendo que ha sugerido que pueden estar interesados en probar nuestros Servicios. No los contactaremos nuevamente si no responden o si solicitan que no los contactemos nuevamente.

Ofertas promocionales: nunca divulgaremos su Información Personal a otras empresas con fines comerciales, pero podemos enviarle ofertas que promocionen los productos de otras empresas. Estas ofertas estarán destinadas a beneficiarlo a usted, a su salud o a su experiencia en Connected Health. Si no desea recibir estas ofertas, puede hacer clic en el enlace «cancelar suscripción» contenido en los correos electrónicos o puede enviar un correo electrónico con su solicitud a privacy@connectedhealth.com. Procesaremos su solicitud dentro de un tiempo razonable, pero puede recibir ofertas adicionales a medida que procesamos su solicitud.

Transferencias comerciales: la Compañías se reserva el derecho de divulgar y transferir toda la Información Personal: (i) a un operador del Sitio o Aplicación Móvil o base de datos aplicable, siempre que dicha entidad acepte estar sujeto a los términos y condiciones de esta Política De Privacidad en la medida aplicable; o (ii) a un sucesor a interés de la Compañía en relación con una fusión, consolidación, reestructuración, cambio de control, la venta de, sustancialmente, todos los intereses o activos de la Compañía u otro cambio organizacional, incluido durante el curso de cualquier proceso de diligencia debida, siempre que dicha entidad sucesora acepte estar sujeto a los términos y condiciones de esta Política de Privacidad.

Patrocinadores y administradores de terceros; según lo exija la ley: podemos, a nuestro exclusivo criterio, compartir, transferir o divulgar cierta Información Personal (por ejemplo, informes que contienen datos relacionados con la inscripción, el compromiso, la retención y los resultados) a su patrocinador (es decir, su empleador o plan de salud) o los administradores externos de su patrocinador (por ejemplo, proveedores de incentivos, administradores de bienestar, etc.) para propósitos de tratamiento, pago u operaciones de atención médica y para otros fines permitidos o requeridos por la ley, como se describe más detalladamente en nuestro Aviso de HIPAA.

Protección de la empresa y otros: podemos divulgar su Información Personal cuando creamos, de buena fe, que dicha liberación es necesaria para cumplir con la ley aplicable; hacer cumplir o aplicar nuestras condiciones de uso y otros acuerdos; o proteger los derechos, propiedad o seguridad de la Compañía, nuestros empleados,

nuestros usuarios u otros. Esto incluye el intercambio de información con otras compañías y organizaciones para la protección, detección o supresión del fraude y la reducción del riesgo de crédito. Si es necesario, realizaremos todas las divulgaciones legalmente requeridas de cualquier violación de la seguridad, confidencialidad o integridad de su Información Personal, incluidas, entre otras, las infracciones a su «Información Personal» o «Información Médica» sin cifrar, almacenada electrónicamente (tal como se define por las leyes aplicables sobre notificación de violación de seguridad). En la medida permitida por las leyes aplicables, haremos estas divulgaciones por correo electrónico o publicación conspicua en su perfil privado en el Sitio o la Aplicación Móvil en el momento más oportuno posible y sin demoras injustificadas, en la medida en que sea coherente con (a) las necesidades legítimas de aplicación de la ley, o (b) cualquier medida necesaria para determinar el alcance de la violación y restablecer la integridad razonable del sistema de datos.

Con su consentimiento: salvo lo establecido anteriormente, se le notificará cuando su Información Personal pueda compartirse con terceros, y podrá controlar el intercambio de esta información.

Datos no identificados: podemos crear datos no identificados de los envíos de usuario que usted comparte con nosotros, incluida cualquier Información Personal, y utilizar dichos datos sin identificar sin restricción. Cuando una ley aplicable requiere que usemos un método particular de no identificación, cumpliremos con esa ley. De lo contrario, podemos usar un método de no identificación que sea apropiado bajo las circunstancias y que no lo identifique razonablemente. Podemos utilizar datos no identificados de cualquier manera que lo permita la ley. Algunas formas en las que podríamos usar datos no identificados incluyen comprender, evaluar o modificar los Servicios; para su uso en nuestros propios fines comerciales; o para generar información estadística sobre los Servicios que compartimos con nuestros clientes y otros terceros que están evaluando, analizando, acreditando o investigando los programas de Connected Health.

5. ¿MI INFORMACIÓN PERSONAL ESTÁ SEGURA?

Empleamos medidas administrativas, físicas y técnicas estándar de la industria diseñadas para salvaguardar y proteger la información bajo nuestro control del acceso, uso y divulgación no autorizados. Además, cuando recopilamos, mantenemos, accedemos, usamos o divulgamos su Información Personal, lo haremos utilizando sistemas y procesos consistentes con los requisitos de privacidad y seguridad de la

información en virtud de las leyes federales y estatales aplicables, que incluyen, entre otros, HIPAA.

Además, su cuenta de usuario individual está protegida por una contraseña para su privacidad y seguridad. Para garantizar que no haya acceso no autorizado a su cuenta y a su Información Personal, le sugerimos que proteja su contraseña de forma adecuada y que limite el acceso a su computadora y navegador cerrando sesión después de que haya terminado de acceder a su cuenta.

El Sitio y la Aplicación Móvil contienen enlaces a sitios web de terceros («Sitios web de terceros»). Antes de utilizar sitios web de terceros o servicios relacionados, debe revisar y aceptar los términos de uso y las políticas de privacidad para esos sitios o servicios. No somos responsables de las políticas o prácticas de privacidad de los sitios web de terceros y no somos responsables de la disponibilidad, fiabilidad, contenido, funciones, rendimiento, precisión, legalidad, idoneidad, servicios, materiales o cualquier otro aspecto de dichos sitios web de terceros. Esta Política de Privacidad solo rige la información recopilada en nuestro Sitio, nuestra Aplicación Móvil o a través de nuestros Servicios. Cuando accede a sitios web de terceros, lo hace bajo su propio riesgo y comprende y acepta que es el único responsable de leer y comprender los términos de uso o las políticas de privacidad que se aplican a dichos sitios web de terceros.

Prestamos gran cuidado para proteger su Información Personal. Sin embargo, no podemos asegurar ni garantizar la seguridad y confidencialidad de ninguna herramienta, software o equipo que utilice para transmitirnos información. Por ejemplo, no podemos garantizar que su correo electrónico o teléfono móvil sea seguro. Además, aunque nos esmeramos en proteger su Información Personal, no podemos garantizar que los delincuentes y otras personas que actúen de forma ilegal no tengan éxito en sus esfuerzos por socavar la seguridad que empleamos para proteger su información. Entrada, acceso o uso no autorizado; pérdida; falla de hardware o software; y otros factores, pueden comprometer la seguridad de su información en cualquier momento. Esto es especialmente cierto para cualquier información que nos transmita por correo electrónico o mensaje de texto, ya que no tenemos forma de proteger esa información hasta que llegue a nosotros. Los mensajes de correo electrónico y de texto y las líneas de comunicación por las que viajan no tienen las funciones de seguridad integradas en nuestro Sitio y Aplicación Móvil y es posible que no sean seguras. Además, al descargar la Aplicación Móvil desde una plataforma de distribución digital como Apple App Store o Google Play (un «proveedor de aplicaciones móviles»), el proveedor de aplicaciones móviles y sus agentes pueden identificarlo como usuario de nuestros servicios. Si tiene motivos para creer que sus datos o sus interacciones con nosotros

ya no son seguros, puede contactarnos a la dirección de correo electrónico, a la dirección postal o al número de teléfono que figuran al final de esta Política de Privacidad. Además, si tiene preguntas relacionadas con la privacidad o la seguridad de los datos, no dude en ponerse en contacto con la oficina identificada al final de esta Política de Privacidad.

6. ¿A QUÉ INFORMACIÓN PERSONAL PUEDO ACCEDER Y CORREGIR?

Puede acceder a cierta información sobre usted con el fin de ver y, en ciertas situaciones, actualizar esa información. Esta lista puede cambiar a medida que cambian el Sitio y los Servicios.

- Nombre y apellido
- Apodo
- Información de cuenta y perfil de usuario (p. ej., apodo e imagen)
- Dirección de correo electrónico del usuario
- Dirección postal del usuario
- Número de teléfono móvil del usuario
- Nombre de usuario y contraseña
- Preferencias de comunicación (por ejemplo, correo electrónico y notificaciones push)
- Datos de peso
- Datos de seguimiento de la actividad
- Datos de seguimiento de alimentos

A fin de ayudarnos a mantener y garantizar que su información sea precisa y esté actualizada, actualice su información si cambia o infórmenos de inmediato a support@connectedhealth.com para que hagamos los cambios apropiados. Sin embargo, cuando actualiza información, a menudo mantenemos una copia de la información no revisada en nuestros registros.

7. ¿QUÉ OPCIONES TENGO RESPECTO A MI INFORMACIÓN PERSONAL?

Siempre puede optar por no revelarnos información, aunque pueda ser necesario para aprovechar ciertas características del Sitio, la Aplicación Móvil y los Servicios.

Estamos obligados a mantener la Información Personal, incluida cualquier PHI, que nos proporcione como registro comercial. Como resultado, no podemos eliminar su Información Personal o envíos de usuarios de nuestros registros. Sin embargo, incluso si deja de usar los Servicios por algún motivo, protegeremos su Información Personal y sus envíos de usuario, de conformidad con nuestros Términos, esta Política de Privacidad y nuestro Aviso de HIPAA como si todavía estuviera utilizando los Servicios. Puede darse de baja de nuestras comunicaciones, pero esto tendrá un impacto negativo en nuestra capacidad de suministrar los Servicios si lo hace mientras aún utiliza los Servicios. Si desea darse de baja de las comunicaciones, procesaremos su solicitud dentro de un tiempo razonable, pero tenga en cuenta que puede recibir comunicaciones y ofertas adicionales mientras procesamos su solicitud.

Si no desea recibir correos electrónicos u otro correo, llamadas telefónicas o mensajes de texto nuestros, haga clic en el enlace «Cancelar suscripción» que figura en los correos electrónicos o indique esta preferencia enviándonos un correo electrónico a vergoodhealth03@gmail.com. Tenga en cuenta que si no desea recibir nuestros avisos legales, como esta Política de Privacidad, esos avisos legales seguirán rigiendo el uso del Sitio, la Aplicación Móvil y los Servicios, y usted es responsable de revisar dichos avisos legales para conocer los cambios. Procesaremos su solicitud dentro de un tiempo razonable, pero tenga en cuenta que puede recibir correos electrónicos adicionales mientras procesamos su solicitud.

8. ¿CÓMO PROTEGEMOS LA INFORMACIÓN PERSONAL DE LOS NIÑOS?

Los Servicios no están dirigidos a niños. No permitimos ni solicitamos intencionalmente a ninguna persona menor de 18 años que participe de forma independiente en ninguno de los Servicios. No recopilamos intencionalmente Información Personal de niños. Si un padre o tutor se da cuenta de que su hijo o hija nos ha proporcionado Información Personal, contáctenos. Si nos damos cuenta de que un usuario de los Servicios es menor de 18 años y nos ha proporcionado Información Personal sin el consentimiento paterno verificable, eliminaremos dicha Información Personal de nuestros archivos.

9. CAMBIOS A ESTA POLÍTICA DE PRIVACIDAD

Al utilizar el Sitio, la Aplicación Móvil y los Servicios, acepta la Política de Privacidad actual, así como nuestros Términos, en los que se incorpora esta Política de privacidad. Nos reservamos el derecho, a nuestra sola discreción, de modificar esta Política de Privacidad en cualquier momento. El uso de la información que recopilamos está sujeto a la Política de Privacidad vigente en el momento en que se usa o divulga dicha información. Si realizamos cambios significativos en esta Política de Privacidad, se lo notificaremos publicando un anuncio en nuestro Sitio o enviándole un correo electrónico. Al continuar accediendo o utilizando los Servicios luego de que hayamos publicado una modificación o le hayamos notificado una modificación, usted acepta estar sujeto a la Política de Privacidad modificada. Si la Política de Privacidad modificada no es aceptable para usted, su único recurso es dejar de acceder al Sitio o la Aplicación Móvil y dejar de usar los Servicios.

10. CAMBIOS A ESTA POLÍTICA DE PRIVACIDAD

Si tiene alguna pregunta, inquietud o reclamo con respecto a la privacidad en nuestro Sitio o Aplicación Móvil o si desea hacer una solicitud para acceder o corregir su Información Personal, comuníquese con nuestro Oficial de Privacidad:

Por correo electrónico: verygoodhealth03@gmail.com

Por correo:

Haremos todo lo posible para responder a sus preguntas, inquietudes, reclamos y solicitudes en un tiempo razonable.

Fecha de entrada en vigencia: 31 de agosto de 2018

Privacy Policy (Canada)

Connected Health, Inc. (the “Company”) knows that you care about how your personal information is collected, used and shared, and we take your privacy seriously. By visiting the timespacehealth.com website and domain name (and the other websites we own or operate, including, without limitation, timespacehealth.com) and any other linked pages, features, content, or related services offered from time to time by the Company in connection therewith (collectively, the “Site” as further defined in our Terms of Use

("Terms")), using our mobile application (the "Mobile App") or using any of our Services, you consent to this Privacy Policy and to our use and processing of Personal Information for the purposes set forth herein. Capitalized terms not defined in this Privacy Policy shall have the meanings set forth in our Terms, available at timespacehealth.com.

"Company" or the terms "we" or "us" or similar terms refer to Connected Health Health, Inc. "You" or "your" or similar terms refer to you as a user of our Services.

By accepting our Privacy Policy during registration, or by visiting and/or using the Site, the Mobile App or any of our Services, you expressly consent to our collection, use, disclosure and otherwise processing of your Personal Information (as defined below) in accordance with this Privacy Policy.

As used in this Privacy Policy, the terms "using" and "processing" information include, among other things, using cookies or embedded scripts on a computer, browser, laptop, tablet, mobile phone or other device (a "Device"), subjecting the information to statistical or other analysis, such as satisfaction surveys and benchmarking as well as quality assurance and training purposes, and using or handling information in any way, including without limitation collecting, storing, evaluating, modifying, deleting, using, combining, disclosing, and transferring information within our organization or among our affiliates within the United States or internationally, as well as using personal information to respond to user / applicant or sponsor (i.e., the entity or organization paying for your participation in our Services) requests and to provide the requested products and services.

Transfer of Information Abroad

By disclosing your Personal Information to us, you consent to your Personal Information being transferred outside of the jurisdiction of the country in which it may have been collected. If you are accessing our Services from outside the United States, please be advised that by your continued use of our Services, you consent to the transfer, processing and storage of your Personal Information outside of the jurisdiction of your country and to make use of Services governed by laws regarding the protection of personal information which may offer a different level of protection than that provided in your country.

1. WHAT DOES THIS PRIVACY POLICY COVER?

Personal Information – In General.

This Privacy Policy covers how we use and disclose personally identifiable information that we gather from you starting from the time that you initially access our Site, our Mobile App or use our Services. Personally identifiable information refers to any information about you that can be used to contact or identify you and information on your use or potential use of the Site, our Mobile App or our Services, including, but not limited to, a first and last name, a personal profile, an email address or other contact information (collectively, “Personal Information”). Your privacy is important to us, and we are committed to carefully managing your Personal Information in connection with the Services that we provide. It is important for you to understand, however, that this policy does not apply to the practices of companies and / or websites or other third party services that we do not own or control, or to individuals that we do not employ or manage.

Personal Health Information.

We are dedicated to maintaining the privacy and integrity of your personal health information that we receive from you as part of your application for or participation in the Services (“PHI”). PHI is Personal Information that we receive from you as part of your application for or participation in the our program that relates to (a) your past, present, or future physical or mental health or condition, (b) the provision of health care services to you, or (c) your past, present, or future payment for the provision of health care, which is created, received, transmitted, or maintained by the Company. This Privacy Policy describes how we protect your privacy as a visitor to, or general user of our Site, our Mobile App and Services. You have additional rights under federal and state law with respect to the access to, use, and disclosure of Personal Information that constitutes PHI.

This Privacy Policy only governs information collected on our Site, our Mobile App or through our Services. This policy does not apply to the practices of companies and / or Sites that we do not own or control, or to individuals that we do not employ or manage.

2. WHAT PERSONAL INFORMATION DO WE COLLECT?

We collect Personal Information you choose to provide us (e.g., through registrations, applications, use of the Services, surveys, and in connection with your inquiries), starting from the time that you initially access our Site, our Mobile App or use our Services. The information we gather from you enables us to administer your account,

provide you with the Services, respond to your inquiries and send you communications regarding the Services and your access to and use of the same, obtain your feedback on our Site, our Mobile App and our Services, analyze user behavior and activity, personalize and improve our Services, conduct research activities and contact you about the services that we offer.

From time to time, we may use or augment the Personal Information we have about you with information obtained from third parties (e.g., FitBit or Apple). For example, we may use such third party information to confirm contact or financial information, to verify eligibility, or to better understand your interests by associating demographic information with the information you have provided.

We collect the following types of information:

Personal Information You Provide to Us.

We receive and store any information you enter on our Site, our Mobile App or provide to us through the Services, including any third party services that you connect with our Services (e.g., FitBit or Apple). Personal Information that we collect may include things like your full name, gender, mobile phone number, credit card and/or other payment information (if applicable – i.e., self-pay participants), your email address and the email address of your contacts, home and business postal addresses, IP address, browser information, username, password, certain health information (e.g., height, weight, blood pressure, blood glucose, pre-existing medical conditions, tracking of food, sleep and/or activity and insurance information), and any other information or data that you provide when using our Site, our Mobile App and/or our Services. You can choose not to provide us with certain information, but that may result in our inability to provide you access to or use of many of our special features. Connected Health goal is to use the Personal Information you provide for such purposes as answering questions and communicating with you about the Company's products and services, including updates and new features.

PLEASE NOTE: By using the Services, you consent to and authorize Connected Health to disclose your eligibility for and participation in the Services (i.e., you meet the clinical enrollment criteria for the Services, which may identify those individuals at risk for certain chronic diseases or living with certain chronic diseases and have elected at your own discretion to participate in the same) to the other users of the Site, the Mobile App and the Services. The users, including but not limited to administrators, health coaches and other authorized Connected Health personnel, and your fellow support group

members will have access to a range of Personal Information such as your user name and picture, linking you to your diagnosis and/or reason for program participation. Moreover, as we group participants based on certain characteristics, fellow support group members may be co-workers or other acquaintances.

We take great efforts in protecting your privacy; however, we cannot control, and expressly disclaim any responsibility for, whether or how users will subsequently use or disclose posted or previously disclosed information. If you do not consent to the disclosure of this information, you should not access or use the Site, the Mobile App or the Services. The Services include the ability for users to share Personal Information, including information regarding your medical condition. Any information you choose to provide or upload to the group Sites or the Mobile App, including Personal Information about your medical condition, will be visible to your group, as well as health coaches, administrators, and other users. As your information will be viewable to the other users of the Site, the Mobile App and the Services, you should provide only the information you feel comfortable disclosing. There may be an opportunity to speak on the phone or via video chat in a group conference call. Participation in such opportunities is not mandatory, but should you choose to participate, you should share only as much information as you feel comfortable sharing in these additional forums.

Personal Information Collected Automatically.

We receive and store certain types of information whenever you interact with the Site, the Mobile App and / or use the Services. We automatically receive and record information on our server logs from your browser, including your IP address, and the page you requested. In addition, we may use personal identifiers to recognize you when you arrive at the Site via an external link, such as a link appearing on a third party site or in an Connected Health generated email presented to you. See also our What About Tracking Technologies? section below. We will also use your information to provide customer service and support.

Generally, our Services automatically collect usage information, such as the numbers and frequency of visitors to the Site and Mobile App and its components, similar to TV ratings that indicate how many people watched a particular show. We only use this data in aggregate form, that is, as a statistical measure, and not in a manner that would permit us to identify you personally (“De-identified Information”). This type of aggregate data enables us to figure out how often users or customers use parts of the Site, Mobile App or Services so that we can make the Site, Mobile App and Services as appealing to as many users and customers as possible and improve our Services. We may provide

this de-identified, aggregate data to our partners and/or customers to identify how our users use our Site, Mobile App and/or Services. Again, we never disclose information to a partner or customer in a manner that would identify you personally, except with your consent or as expressly permitted under applicable privacy law.

You may set your browser to refuse or disable these data collection methods, but doing so may change your experience with the Site, the Mobile App or the Services, diminish certain aspects of the Site's or Mobile App's functionality or render certain features of the Site, the Mobile App or the Services inoperable. The Site may not recognize or respond to "do not track" technologies employed by your browser.

E-mail Communications.

We often receive a confirmation when you open an email from us if your computer supports this type of program. We use this confirmation to help us make emails more interesting and helpful. We also compare our customer list to lists received from other companies in an effort to avoid sending unnecessary messages to our customers. When you receive e-mail from us, you can opt out of receiving further e-mails by following the included instructions to unsubscribe. However, by opting out of further email communications after you enroll in the Services, you may limit program reminders and other valuable program content and components.

What About Tracking Technologies?

In addition to any Personal Information or other information that you choose to submit to us via the Site, Mobile App or Services, we and our third party service providers may use a variety of technologies that automatically (or passively) store or collect certain information when you visit or interact with the Site, Mobile App or Services ("Usage Information"). This Usage Information may be stored or accessed using technologies that may be downloaded to your Device whenever you visit or interact with the Site, Mobile App or Services. To the extent we associate Usage Information with your Personal Information that we collect directly from you, we will treat it as Personal Information. Examples of Usage Information include: your IP address or other unique device identifier (e.g., a number that is automatically assigned to your Device used to access the Site which our computers use to identify your Device), your Device's functionality (e.g., browser, operating system, mobile network information, etc.), the areas within the Site or Services that you visit and your activities there, your Device location, your Device characteristics and certain other data regarding your Device.

We may use various methods or technologies to store or collect your Usage Information, including your visits to or interactions with our Site, Mobile App and Services (“Tracking Technologies”). We may use these Tracking Technologies for a variety of purposes, including but not limited to uses deemed to be necessary or useful to assess the performance of our Site, Mobile App and Services (including as part of our analytic practices or otherwise to improve our Site, Mobile App and Services) or uses required to offer you enhanced functionality when accessing our Site, Mobile App and Services (including identifying you when you sign in to the Site or the Mobile App or keeping track of your specified preferences).

Tracking Technologies that may include the following (and may include subsequent technologies and methods later developed which perform a similar function):

Cookies. Cookies are alphanumeric identifiers that we transfer to your computer’s hard drive through your browser to enable our systems to recognize your browser and tell us how and when pages in our Site are visited and by how many people. We use cookies to enhance visitors’ experiences by understanding how visitors and / or users engage with and navigate our Site. Regular cookies may generally be disabled or removed by tools that are available as part of most commercial browsers and in some but not all instances can be blocked in the future by selecting certain settings. Each browser that you use will need to be set separately, and different browsers offer different functionality and options in this regard. Also, these tools may not be effective with regard to certain types of cookies (e.g., Adobe Flash or HTML5 cookies). Please be aware that if you disable or remove cookies on your Device, some parts of our Site or Services may not function properly and when you revisit our Site or Services your ability to limit cookies is subject to your browser settings and limitations.

We may choose to serve ads on the Site or the Mobile App. These ads may be delivered to users by our advertising partners, who may set cookies. These cookies allow the ad server to recognize your Device each time they send you an online advertisement to compile information about you or others who use your computer. This information allows ad networks to, among other things, deliver targeted advertisements that they believe will be of most interest to you. This Privacy Policy refers only to the use of cookies by the Company and does not cover the use of cookies by any third parties (e.g., advertisers).

Embedded Scripts. An embedded script is programming code that is designed to collect information about your interactions with the Site, Mobile App and Services, such as the links that you click on. The code is temporarily downloaded onto your Device, is active

only while you are connected to the Site or Mobile App, and is deactivated or deleted thereafter.

Web Beacons. Small graphic images or other web programming code called “web beacons” (also known as “1×1 GIFs” or “clear GIFs”) may be included in pages and messages of our Site, Mobile App and Services. Web beacons may be invisible to you, but any electronic image or other web programming code inserted into a page or e-mail can act as a web beacon. Web beacons or similar technologies may be used for a number of purposes, including to count visitors to the Site, Mobile App and Services, to monitor how users navigate the Site, the Mobile App and Services, to count how many sent e-mails were actually opened or to count how many particular articles or links were actually viewed.

There may be other Tracking Technologies now and later devised and used by us in connection with the Site, Mobile App and Services. Further, third parties may use Tracking Technologies with our Website. We do not control those Tracking Technologies, and we are not responsible for them. However, you consent to potentially encountering third party Tracking Technologies in connection with your use of the Site and Services and accept that this Privacy Policy does not apply to the Tracking Technologies or practices of such third parties. In such cases, you must check the third party websites to confirm how your information is collected and used.

3. HOW DO WE USE YOUR PERSONAL INFORMATION?

Your Personal Information will be used to render our services, including but not limited to:

- The ability to access health information shared by you and others through our Services, augmented with information collected about you through authorized third parties (e.g., FitBit and Apple Watch) and build an online community related to your weight loss and health goals.
- Access to other information about Company and our products and/or services through the various websites we own and operate, including, without limitation, the timespacehealth.com website and domain name, and any other features, content, or applications offered from time to time by Company in connection therewith.
- The ability to interact with relevant Company personnel in a timely and effective manner from the time of initial application and throughout the course of program participation.

- Providing you information and advice on Health-related products and services, treatment alternatives and any other information related to your condition.
- The purposes identified in the following section.

4. WHAT PERSONAL INFORMATION DO WE SHARE?

Personal Information about our users is an integral part of our business. We will not rent, sell or share your Personal Information with other people or non-affiliated companies except to provide the Services, when we otherwise have your permission, and as expressly permitted or required under this Privacy Policy, including under the following circumstances:

Forums: We may make available your Personal Information through the Site, the Mobile App and/or the Services (for example, discussion boards, chat rooms, profile pages, bulletin boards, blogs, instant messaging, activities, polls, games and other communication forums) (each, a “Forum”) to which you post information and materials. Some of these Forums are described more specifically below. Please note that any information, text, and images posted or disclosed by the user on or through such Forums may be visible to the user’s group(s), as well as our health coaches and other authorized personnel, administrators, visitors to the Site or the Mobile App, and other users of the Site or the Mobile App. Specifically, Personal Information such as the picture you’ve uploaded and your screen name may be available for other users to view when you make a posting to such Forums. Information regarding your activities in such Services may also be available for view by other users (for example, other users may be able to view a list of all postings you have made in all available Forums.) Any postings you have made to a Forum may also be available for view later by users of the Site or the Mobile App by scrolling to older posts on the Forum. We urge you to exercise discretion and caution when deciding to disclose your Personal Information, such as your health information, or any other information, through a Forum or otherwise through the Site.

Discussion Boards and Chat Rooms: We may provide functionality to post on our discussion boards, and permit you to enter into chat rooms and communicate with other users in the chat rooms. Please note that if you use such functionalities to communicate, your name / screen name will be disclosed to all visitors to the discussion boards, present and future, as well as all users in the chat room at that time. Please remember that information posted to discussion boards becomes public information. Use caution when posting. Further, if a comment you make on the discussion board or

in the chat room contains Personal Information, we cannot control how the Personal Information will be used or disclosed by the other users of the discussion board or chat room. We urge you to exercise discretion and caution when deciding to disclose your Personal Information, or any other information, in any comment and/or message, and to be careful about the people to whom you send such comments and/or messages.

Messaging Services: We may provide functionality to permit you to send messages, including instant messages, to other users through the Site. Please note that if you use such functionality to send such a message to another user, your screen name will be disclosed to that user, as well as administrators. Further, if a message you send using such functionality contains Personal Information, we cannot control how the Personal Information will be used or disclosed by the recipient of your message. We urge you to exercise discretion and caution when deciding to disclose your Personal Information, or any other information, in any message, and to be careful about the people to whom you send such messages.

IN THE CASE OF YOUR USE OF FORUMS, DISCUSSION BOARDS, CHAT ROOMS AND MESSAGING SERVICES, AS DESCRIBED ABOVE, WE ARE NOT RESPONSIBLE FOR THE USE BY OTHERS OF ANY INFORMATION, INCLUDING PERSONAL INFORMATION, THAT IS DISCLOSED BY YOU OR ON YOUR BEHALF BY YOUR SYSTEM IN SUCH FORUMS, DISCUSSION BOARDS, CHAT ROOMS AND MESSAGING SERVICES. BY DISCLOSING ANY OF YOUR INFORMATION VIA FORUMS, DISCUSSION BOARDS, CHAT ROOMS AND MESSAGING SERVICES, YOU ACKNOWLEDGE AND ACCEPT ANY RISK AND DAMAGE ARISING FROM DISCLOSURE OF SUCH INFORMATION.

User Profiles: We may provide functionality to permit you to create a user profile page in which you may provide information about yourself, including, without limitation, your health information, symptoms, treatments, as well as your feelings about your health information and/or yourself ("User Submissions," as further defined in our Terms). You may also be able to upload pictures, videos and stories to your profile page as part of the User Submissions. User Submissions may be displayed to other users (including members of your group(s), who may be from the same deployment or otherwise affiliated) to facilitate user interaction within the Services. Email addresses are used to add new User Submissions to user profiles and to communicate through User Submissions. Users' email addresses will not be directly revealed to other users by us, except when the user is "connected" to another user via a shared group membership, or an invitation, or if the user has chosen to include their email address in their User Profile. Please note that any User Submissions you make, including Personal

Information, on or through your profile page may be available for other users, the Company, administration, moderators, and other staff. Additionally, other users may be able to post comments and view posted comments on your profile page.

Communication in Response to User Submissions: As part of the Site and Services, you will receive from us email and other communication relating to your User Submissions. You acknowledge and agree that by posting such User Submissions, we may send you email and other communications (e.g., phone calls or text messages) that we determine, in our sole discretion, are related to your User Submissions, except to the extent provided by applicable law.

Affiliated Businesses We Do Not Control: In order to provide you with the optimal user experience, we anticipate that we may become affiliated and work closely with a variety of third party businesses. In certain situations, these businesses may sell products or services to you through the Site. In other situations, we may provide services, or sell products, jointly with affiliated businesses. You should be able to recognize when an affiliated business is associated with your transactions, and throughout the course of the transactions, we will share your Personal Information that is related to such transactions with that affiliated business.

Agents: We employ other companies and people to perform tasks on our behalf and need to share your information with them to provide products and/or services to you. For example, we may make disclosures to claim and obtain payment from your health insurer or other company that arranges or pays the cost of some or all of your healthcare. Without specific authorization and/or consent, we limit the rights of our agents to use Personal Information we share with them to that which is minimally necessary to assist us. You hereby consent to our sharing of Personal Information for the above purposes.

Referrals: From time to time, we may ask or invite you to refer our Services to family members, colleagues or friends. In these cases, it is your responsibility to ensure that these persons are indeed family members (marriage, common-law partnership or parent-child relationship) or people with whom you have a personal relationship (frequency of communication, sharing of interests, opinions, etc.). In short, we ask you to limit your invitations to people in your inner circle that may have an interest in our Services. We will send them an email saying that you have suggested that they may be interested to try our Services. We will not contact them again if they do not reply or if they request that we do not contact them again.

Promotional Offers: We will never disclose your personal information to other businesses for their marketing purposes, but we may send you offers that promote the products of other businesses to the extent permitted by applicable laws. These offers will be intended to benefit you, your health, or your Connected Health experience. If you do not wish to receive these offers, you can click the “unsubscribe” link contained within the emails or you can send an email with your request to verygoodhealth03@gmail.com. We will process your request within a reasonable time, but you may receive additional offers as we process your request.

Business Transfers: In some cases, we may choose to buy or sell assets. In these types of transactions, customer information, including Personal Information about customers, is typically one of the business assets that are transferred. Moreover, if the Company, or substantially all of its assets were acquired, or in the unlikely event that the Company goes out of business or enters bankruptcy, Personal Information would be one of the assets that is transferred or acquired by a third party. By continuing to use the Site, the Mobile App and the Services, you acknowledge that if we sell or transfer our business (e.g., through an acquisition) or an asset (e.g., our website) to another company, we will share your personal information with such company and will require such company to use and protect your personal information consistent with this Privacy Policy.

Your insurance company. We may use and disclose your Personal Information to your insurance company for purposes of billing and payment for our services offered to you. We may also disclose detailed information about your participation in our program to permit your insurance company to evaluate the efficacy of the program and run their wellness incentive program to your benefit.

Health care operations. We may use and disclose your PHI for our health care operations, which include internal administration and planning and various activities that improve the quality and cost effectiveness of our services. Examples are using information about you to improve quality of care, for disease management programs, patient satisfaction surveys, compiling medical information, de-identifying medical information and benchmarking.

Protection of the Company and Others: We may release Personal Information when we believe in good faith that release is necessary to protect our rights and comply with the law; enforce or apply our conditions of use and other agreements; or which is otherwise permitted by applicable laws ((e.g., emergency that threatens the life, health or security) This includes exchanging information with other companies and organizations when it is

reasonable to do so for the purposes of preventing, detecting or suppressing fraud that is likely to be committed.

Lawsuits and other legal disputes. We may use and disclose Personal Information to comply with law, including in responding to a court or administrative order, a subpoena, or a discovery request. We may also use and disclose your Personal Information to the extent permitted by law without your authorization, for example, to defend a lawsuit or arbitration.

Law enforcement officials. We may disclose your Personal Information to the police or other law enforcement officials as required or permitted by law: (1) in response to a court order, subpoena, warrant, summons or similar process; (2) to identify or locate a suspect, fugitive, material witness, or missing person; (3) about the victim of a crime if, under certain limited circumstances, we are unable to obtain the person's agreement; (4) about a death we believe may be the result of a criminal conduct; (5) about criminal conduct at Connected Health; and (6) in emergency circumstances to report a crime; the location of the crime or victims; or the identity, description or location of the person who committed the crime.

Mandatory Breach Notification: If necessary, we will make all legally required disclosures of any breach of security safeguards, confidentiality, or integrity of your Personal Information, including, without limitation, breaches of your unencrypted, electronically stored, "personal information" or "personal health information" (as defined in applicable federal and provincial statutes on security breach notification) to the relevant organizations and government, as the case may be.

To the extent permitted by applicable laws, we will make such disclosures to you via email or conspicuous posting on your private profile on the Site or the Mobile App in the most expedient time possible and without unreasonable delay, insofar as consistent with (a) the legitimate needs of law enforcement, or (b) any measures necessary to determine the scope of the breach and restore the reasonable integrity of the data system.

With Your Consent: If there are reasons we need to use your Personal Information that have not been described in the sections above, we will obtain your written permission. This permission is described as a written "authorization." If you authorize us to use or disclose Personal Information about you, you may revoke that authorization in writing at any time. If you revoke your authorization, we will no longer use or disclose Personal Information about you for the reasons stated in your written authorization, except to the

extent we have already acted in reliance on your authorization. You understand that we are unable to take back any disclosures we have already made with your permission, and we are required to retain our records of the care we provide to you.

Third-party Websites: The Site contains links to other sites. We are not responsible for the privacy policies and/or practices on other sites. When linking to another site you should read the privacy policy published on that site. This Privacy Policy only governs information collected on our Site and Mobile App or through our Services.

Third-party Materials: The Services may allow you to display, use, include or make available content, data, information, applications or materials from third parties (“Third Party Materials”) or provide links to certain third party websites (“Third Party Websites”). For example, the Services may integrate and use a scale through technology provider BodyTrace. In such an event, before using these Services, you must agree to the BodyTrace: Terms of Use and BodyTrace: Privacy Policy.

When you allow the use of any Third Party Materials or access any Third Party Websites, you do so at your own risk, and you understand and agree that you are solely responsible for reading and understanding any terms of use and/or privacy policies that apply to such Third Party Materials or Third Party Websites. These Third Party Materials and Third Party Websites are not under Company’s control, and Company is not responsible or liable for the availability, reliability, content, functions, accuracy, legality, appropriateness, services, materials or any other aspect of such Third Party Materials or found through the use of any Third Party Websites that link to or from the Services or are otherwise referenced in the Services. Company is providing these Third Party Materials and links to Third Party Websites for your convenience, and you understand that Company does not have control over the content and performance of any Third Party Websites and Company is not responsible for the content and/or performance of any such Third Party Websites. The inclusion of any such Third Party Materials or links in the Services does not imply endorsement by Company or any association with the Third Party Website’s operators. Company also does not accept any responsibility for technical failures or for unauthorized access of user transmissions by any third parties.

The providers of Third Party Materials and Third Party Websites (each, a “Third Party Service Provider”) may collect and use certain information about you, as specified in their privacy policies and terms of use. Prior to using or providing any information to any Third Party Service Provider, you should review their privacy policy and terms of use. If

you do not understand or do not agree to the terms of a Third Party Service Provider's privacy policy and/or terms of use, you should not use the related third party services.

5. IS MY PERSONAL INFORMATION SECURE?

We employ industry standard administrative, physical, and technical measures designed to safeguard and protect information under our control from unauthorized access, use, and disclosure. In addition, when we collect, maintain, access, use, or disclose your Personal Information, we will do so using systems and processes consistent with information privacy and security requirements under applicable federal, state and provincial laws, including, without limitation, the Health Insurance Portability and Accountability Act ("HIPAA").

Furthermore, your individual user account is protected by a password for your privacy and security. To ensure that there is no unauthorized access to your account and Personal Information, we suggest that you safeguard your password appropriately and limit access to your computer and browser by signing off after you have finished accessing your account.

The Site and the Mobile App contain links to third party websites ("Third Party Websites"). In such an event, before using the Third Party Websites or related services, you must review and accept the terms of use and privacy policies for those sites and/or services. We are not responsible for the privacy policies and/or practices of any Third Party Websites, and we are not responsible or liable for the availability, reliability, content, functions, performance, accuracy, legality, appropriateness, services, materials, or any other aspect of such Third Party Websites. This Privacy Policy only governs information collected on our Site, our Mobile App or through our Services. When you access any Third Party Websites, you do so at your own risk, and you understand and agree that you are solely responsible for reading and understanding any terms of use and/or privacy policies that apply to such Third Party Websites.

We exercise great care to protect your personal information. However, we cannot ensure or warrant the security and confidentiality of any information that you transmit to us or receive from us via the Services offered through our Site and Mobile App, by Internet or wireless connection, including email, or the appropriateness of the measures we use to safeguard such information. Unauthorized entry, access, or use; loss; hardware or software failure; and other factors, may compromise the security of your information at any time. This is especially true for any information that you transmit to us via email or text message, since we have no way of protecting that information until it

reaches us. E-mail and text message and the communication lines they travel over do not have the security features that are built into our Site and Mobile App and may not be secure.

In addition, by downloading the Mobile App from a digital distribution platform such as the Apple App Store or Google Play (a “Mobile App Provider”), the Mobile App Provider and its agents may be able to identify you as a user of our Services. If you have reason to believe that your data or your interactions with us are no longer secure, you may contact us at the email address, mailing address or telephone number listed at the end of this Privacy Policy. In addition, if you have privacy or data security related questions, please feel free to contact the office identified at the end of this Privacy Policy.

6. WHAT PERSONAL INFORMATION CAN I ACCESS AND CORRECT?

You can access certain information about you for the purpose of viewing, and in certain situations, updating that information. This list may change as the Site and Services change.

- Real name
- Account and user profile information (e.g., nickname and picture)
- User email address
- User mailing address
- User mobile phone number
- Username and password
- Communication preferences

In order to help us maintain and ensure that your information is accurate and up to date, please update your information if it changes or inform us promptly at verygoodhealth03@gmail.com so that we make the appropriate changes.

In any case, on written request and subject to a proof of identity, you may consult the Personal Information that we have collected, used or disclosed. You may also ask by writing that any amendments be made to your records if the information is inaccurate or incomplete, where applicable, as authorized or required by applicable laws.

7. WHAT CHOICES DO I HAVE REGARDING MY PERSONAL INFORMATION?

As stated previously, you can always opt not to disclose information, even though it may be needed to take advantage of certain features of the Site, the Mobile App and the Services.

You are able to add or update certain information on pages, such as those listed in the “What Personal Information Can I Access And Correct” section, above. When you update information, however, we often maintain a copy of the unrevised information in our records.

If you would like us to remove your records from our system, you may request deletion of your account with us by sending e-mail to verygoodhealth03@gmail.com. Please note that some information may remain in our records after deletion of your account, including any information or records we are legally obligated to retain. We will process your request within a reasonable time, but please note that you may receive additional communications and offers as we process your request.

If you do not wish to receive email or other mail, phone calls or texts from us, please click on the “Unsubscribe” link contained in the emails or indicate this preference by emailing us at verygoodhealth03@gmail.com. Please note that if you do not want to receive legal notices from us, such as this Privacy Policy, those legal notices will still govern your use of the Site, Mobile App and Services, and you are responsible for reviewing such legal notices for changes. We will process your request within a reasonable time, but please note that you may receive additional emails as we process your request.

Detention and Retention of your Personal Information

Our servers are located in the United States of America. Your information will be retained for a period of 6 years after the end of the period during which Services are provided to you.

8. HOW DO WE PROTECT CHILDREN’S PERSONAL INFORMATION?

The Services are not directed to children. We do not knowingly allow or solicit anyone under the age of 18 to participate independently in any of the Services. We do not knowingly collect Personal Information from children. If a parent or guardian becomes aware that his or her child has provided us with Personal Information, please contact us. If we become aware that a user of the Services is under the age of 18 and has provided us with Personal Information without verifiable parental consent, we will delete such Personal Information from our files.

9. CHANGES TO THIS PRIVACY POLICY

By using the Site, Mobile App and Services, you agree to the current Privacy Policy and our Terms, into which this Privacy Policy is incorporated. We reserve the right, in our sole discretion, to modify this Privacy Policy at any time. Use of information we collect now is subject to the Privacy Policy in effect at the time such information is used or disclosed. If we make changes in the way we use Personal Information, we will notify you by posting an announcement on our Site and/or sending you an email. By continuing to access or use the Services after we have posted a modification or have provided you with notice of a modification, you are indicating that you agree to be bound by the modified Privacy Policy. If the modified Privacy Policy is not acceptable to you, your only recourse is to cease accessing the Site or Mobile App and using the Services.

10. QUESTIONS OR CONCERNS

If you have any questions, concerns or complaints regarding privacy on our Site or Mobile App or if you want to make a request to access or correct your Personal Information, please contact our Privacy Officer at:

By email: verygoodhealth03@gmail.com

By mail:

We will make every effort to respond to your questions, concerns complaints and requests within a reasonable time.

Effective Date: November 1, 2019